



LeoBaeckTemple

# Bubble Up: 2021-2022/5782

## Facilitator Guide

**The Purpose of Bubble Up:** Journey through music, text, and values with others so that we may challenge ourselves with love and compassion in community.

### **My Role as Facilitator:**

- Participate and have fun!
- Establish a comfortable and courageous space for my Bubble Up group's monthly conversations, as I am familiar with the material and process in order to build group conversation,
- Seek to bring in all voices, and
- Create and support fun and meaningful conversations that unfold on their own (as opposed to trying to control the conversation)

### **Three Zoom Tips For Pro-Facilitators:**

1. Communicate with your group's Organizer to make sure everything is set
  - Log onto Zoom 5 minutes before each session
  - Ask your group's Organizer to make you co-host
2. Encourage members use Gallery View (as opposed to Speaker View)
3. Be conscious of noise: discuss muting best practices in your *b'rit*

### **Honor our Sacred Texts and the Teachings and Reflections of our Lives:**

Our texts, group members, and sharings are holy. At LBT, our practice is to start each session with the blessing for *Torah* found in our Curriculum in Hebrew, English translation, and transliteration. Please be prepared to read it in Hebrew, and invite others to join. If reading in Hebrew is not comfortable, please read it in English.